

INFORMATION ABOUT IMMEDIATE DENTURES

Immediate dentures are dentures that are placed in your mouth directly following surgery. The surgeon will deliver them to you at the extraction appointment. These dentures are made partly by guesswork and will have to be replaced or relined once your mouth has healed. Please note that there is a charge to either remake or reline your denture.

You extraction appointment:

- After your extractions have been completed, your surgeon will temporarily reline the denture if necessary.
- Any obvious adjustments will also be made, but cosmetic adjustments cannot be done at this time.

Your first few days:

- Follow any instructions that your surgeon gives you regarding your surgical site.
- Your immediate denture acts as a Band-Aid to protect the surgical site. Leave the denture in your mouth for several days following surgery. Your gums will swell if denture is left out for too long. This may result in your denture not fitting back into place. Remove only to clean it and then replace it immediately.
- Brush the inside and outside of your denture with a tooth or denture brush and mild toothpaste.
- After one week you may start to remove your denture for several hours if needed.
- You may want to sleep without your denture after you have healed.
- If the dentures are not in your mouth for longer than a couple minutes at a time make sure that you keep them in water or cleanser.

Chewing:

- Your immediate denture might feel very strange to you at first. As with any prosthetic device, several days or even weeks will be required for you to feel accustomed to the change that has taken place.
- Eat soft foods for several days until you feel comfortable with solid food.
- You will want to place foods evenly on both sides of your mouth at the same time. Avoid foods that will require you to bite directly on the front teeth (i.e. corn on the cob, apples or meaty sandwiches). You may be able to resume eating these things in the future, but for the most part, things of this nature will need to be cut and placed evenly in your mouth.
- You may want to use adhesive after the sutures are removed to get a better fit. Remember that these dentures are immediate dentures and tissue shrinkage cannot be measured prior to the extractions, so the immediate denture may not fit well.

Adjustments:

- You will need your denture adjusted the next day after your surgery and then two days after the initial adjustment.
- Another adjustment to your denture may be necessary a week after healing. If this is the case, please call our office to schedule an appointment.
- Sore spots are common and may take several visits to resolve.
- You may also need a new reline several weeks after your extractions if you have a large amount of shrinkage.

Call us at 727-785-4716 if you have any questions or concerns!