

About your Tooth-Colored Restoration Appointment:

How to take care of yourself after the appointment:

- Be careful not to bite yourself while you are still numb!
- If you can take ibuprofen, take 2 or 3 of the 200 mg ibuprofen (Advil or Motrin) before the numbness wears off.
- Avoid chewing excessively hard foods, (hard candies, corn, nuts, ice, bones, etc), because the resin material can be broken from the tooth with extreme force. If breakage occurs, replacement of restoration can be difficult.

What you can expect:

- Minimal soreness around injection site. You can use hot compresses in that area and the ibuprofen (Advil or Motrin) will help ease any discomfort.
- The tooth (teeth) may be sore or sensitive. This is normal and may continue for a couple of days. **IF YOU NOTICE SWELLING, SPONTANEOUS PAIN OR TEETH AWAKEN YOU AT NIGHT, this is **NOT** normal.** Please call the office immediately.
- The bite may feel odd once anesthesia has worn off. Please call us if this happens as failure to adjust may cause harm to the tooth and you. This will only take a few minutes.

Preventative Procedures

- Brush and floss after eating and before bedtime.
- Use a prescription fluoride, if recommended (our office would provide you with a prescription for this)
- An electrical toothbrush can help clean teeth more thoroughly, such as the Sonicare or Brual Oral B

THE FUTURE:

We expect you to receive several years of service from these restorations. However after a service period of years, we have seen the following unavoidable situations occur, which may require restoration replacement at a future time:

- Slight stains occur at locations around juncture of the tooth restoration. Please tell us if this condition occurs.
- Slight chipping around the juncture of the tooth and restoration.
- The gums (gingiva) may shrink from the restorations, displaying an unfavorable appearance underneath.

We have done our best to provide you with the finest quality oral restorations available today. However, proper care, periodic exams, and regular cleanings will help assure optimum longevity of your restorations.

Call us at 727-785-4716 if you have any questions or concerns!

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